



POST INSTRUCTIONS – OTOPLASTY

Post Treatment Instructions:

- Post-operatively a bandage is worn for about 3-5 days around the ears and head to compress the ears and allow for comfortable sleeping.
- Following you or your child's otoplasty, it is imperative that you keep your head elevated on at least 2-3 pillows for 72 hours. This is to reduce swelling in the area which will in turn reduce pain.
- Once the bandage is removed, we will have you or your child wear a headband at night for 4-6 weeks to compress the ears and prevent spring back.
- You or your child will have pain medication to take as needed for the pain. The pain medication is to be taken on an as needed basis, not as routine medication and not for a prolonged period. As soon as you feel able, we would like you to begin using Tylenol for relief.
- The ears appear swollen and bruised for 1-2 weeks after surgery. Small sutures may be removed from behind the ear around 5-7 days after surgery. There may be small blue marks on the ear that will go away with time.
- Please keep all sunlight off the ears for 6 weeks after surgery.
- We will contact you the day after surgery to make sure everything is going well and to answer any questions. If you have any questions or concerns following your surgery, do not hesitate to call the office at 248-322-3362 or text 888-602-0625 during regular hours for questions. If you require emergency assistance after hours, (*i.e. chest pain, vision loss, loss of color perception, trouble breathing*) please call 911 and the paging service at 313-745-0203 and enter pager 0978#. Follow the directions to enter your call back number and they will contact the physician on call and have him/her contact you.

Patient Signature _____ Date _____

Witness Signature _____ Date _____