## PRE-OP INSTRUCTIONS – General

*IF* *YOU* *NEED* *TO* *CONTACT* *THE* *OFFICE* *FOR* *ANY* *REASON* *PRIOR* *TO* *YOUR* *SURGERY,* *YOU* *MAY* *REACH* *US* *AT* *(248)* *322-3362.* *PLEASE* *DO* *NOT* *HESITATE* *TO* *CALL.*

4 - 6 WEEKS PRIOR TO SURGERY:

* STOP TAKING Wegovy or Ozempic (Semaglutide)/Mounjaro (Tirzepatide) at least 2 weeks prior to surgery as it slows down the digestive process.

10 DAYS PRIOR TO SURGERY:

* STOP SMOKING: Smoking reduces circulation to the skin and impedes healing (this is especially important if having a facelift).
* DO NOT TAKE ANY ASPIRIN OR ASPIRIN CONTAINING MEDICATIONS for at least ten days before and ten days after surgery: Carefully review the list of drugs to avoid provided for you. Such medications may cause bleeding during and after surgery. Instead, use medications containing acetaminophen (such as Tylenol). Check with your physician regarding administration of antidepressants, diuretics, other routine medications, or any herbal or homeopathic medications you may be taking.

DAY BEFORE SURGERY:

* PRESCRIPTIONS: Ensure that all of your prescriptions have been filled before the day of surgery.
* DO NOT EAT OR DRINK ANYTHING AFTER MIDNIGHT THE DAY BEFORE YOUR SURGERY. EATING OR DRINKING ANYTHING AFTER

THE SPECIFIED TIME MAY RESULT IN CANCELLATION OF YOUR SURGERY. This includes water, coffee, tea, juice, etc.

DAY OF SURGERY:

* MEDICATIONS: If instructed to continue your daily medication regime, take your medication with only a sip of water. THE MINIMUM AMOUNT OF WATER NECESSARY IS ALL YOU SHOULD DRINK, It is not necessary to take your antibiotic or multivitamin the morning of surgery.
* MAKE-UP: Please do not wear moisturizers, creams, lotions, eye make-up or other type of make-up.
* CLOTHING: Wear only comfortable, loose-fitting clothing that either buttons or zips in the front. Remove hairpins, wigs, contacts and jewelry. Please do not bring any valuables with you.
* CONTACTS: Please do not wear your contacts the day of surgery, wear your glasses to the Center. If you wear your contacts in please bring a container and the necessary solution for them.

# YOUR RIGHTS AND RESPONISBILITIES AS A PATIENT

YOUR WELL BEING AND HEALING ARE OUR PRIMARY CONCERN AND WE BELIEVE THAT A POSITIVE SURGICAL EXPERIENCE IS A RESPONSIBILITY THAT IS SHARED BY YOU AND OUR STAFF.

YOUR RIGHTS:

* You have the right to request and receive information on patient rights, responsibilities and ethics
* You have the right to request and receive considerate and respectful care that recognizes your cultural, psychosocial, spiritual and personal values, beliefs and preferences.
* You have the right to request an identified surrogate decision-maker, as allowed by law when you cannot make decisions about your own care, treatment and service.
* You, your family and/or surrogate decision maker have the right to request, and as appropriate and allowed by law, to be involved in care, treatment, and service decisions, including the assessment and treatment of your pain.
* You have the right to request an environment that preserves dignity and contributes to a positive self-image, including room accommodations as medically appropriate and available.
* You have the right to request and receive privacy and confidentiality.
* You have the right to request visitor services as appropriate within the surgical center setting.
* You have the right to request qualified medical interpretation services, free of charge, if you have special communication needs due to vision, speech, hearing, language or cognitive barriers or impairments.
* You have the right to request, in a timely manner, the name of the physician primarily responsible for your care, treatment and services and the physician performing your care, treatment and services.
* You have the right to consult with another physician or specialist, including a pain specialist.
* You have the right to request informed consent for care, treatment and services provided to you, including the right to refuse to participate in research programs and the recording or filming of your procedure for internal/external purposes.
* You have the right to withdraw consent for care, treatment and services provided including the consent to participate in a research project or filming or recording of your procedure.
* You and when appropriate your family have the right to request to be informed about the outcomes of care, treatment and services including unanticipated outcomes.
* You have the right to freely voice complaints and recommend changes without being subject to coercion, discrimination, reprisal or unreasonable interruption of care, treatment or services.
* You have the right to request an itemized and detailed explanation of Hospital/Surgery Center Charges for services rendered and to be provided with financial counseling free of charge, as appropriate.

IMPORTANT PHONE NUMBERS

Zuliani Facial Aesthetics 248-322-3362

# YOUR RESPONSIBILITIES AS A PATIENT

* Provide to the best of your knowledge, accurate and complete information about your health history, current condition and current medication.
* Ask questions if you do not understand any aspect of your care, treatment or services provided for you.
* Cooperate with your doctor, nurse or other caregivers.
* Follow the written and verbal instructions given to you by your doctor and the nurses.
* Report changes in your condition or anything you think might be a risk to you
* Ask the doctor or nurse what to expect regarding the pain you might experience post operatively.
* Take responsibility for the outcome if you decline or refuse to follow the recommended guidelines and instructions you are given.
* Show respect and consideration for others.
* Fulfill the financial obligations of receiving care, including accepting financial responsibility for any consultations with other specialists.
* Request interpretation services when necessary.
* Accurately report any allergies to your physician and his staff
* Be sure you understand any prescriptions given to you-what the medication if for and how you should take it
* Ask questions about any new medications prescribed for you.
* Clarify and verify with your surgeon what surgery is to be done and what the expected outcomes will be.
* Research the surgery you are scheduling and ask questions to clarify any questions you may have
* Speak up if you have any questions or concerns-all your questions should be answered prior to your surgery

By signing below, I acknowledge that the above has been explained to me and I understand the contents of the aforementioned instruction pages.

Patient Signature Date

Witness Signature Date

# INFORMED CONSENT FOR TRANSPORTATION AND POST OP CARE

I understand that I will need someone to drive me home the day of surgery if oral or IV anesthesia is administered. I also understand that if I arrive without a form of reliable transportation, my surgery will be rescheduled. In the event that my surgery is rescheduled, I will be responsible for a $500 administrative rescheduling fee.

Reliable forms of transportation are as follows:

## Adult family member or friend

* Reputable medical car services

Please note Uber, Lyft and taxi services are NOT acceptable forms of transportation within 24 hours of oral or IV anesthesia. I understand that a responsible adult will need to stay with me for 24 hours following my surgery.

I also understand that if a condition arises during my surgery and the operating surgeon feels that admission to the hospital is best for my recovery, I will be admitted as an inpatient following my surgery.

Patient Signature Date

Witness Signature Date

# MEDICATION AVOIDANCE LIST

HERBAL SUPPLEMENTS AND ALL ASPIRIN AND IBUPROFEN MEDICATIONS ARE TO BE DISCONTINUED 10-14 DAYS PRIOR TO SURGERY

SUPPLEMENTS THAT MUST BE DISCONTINUED

VITAMIN E BILBERRYDONG QUAI ECHINACEA FISH OIL CAPS FEVERFEW GARLIC GINGER

GINKGO BILOBA GINSENG HAWTHORNE KAVA KAVA LICORICE ROOT

MA HUANG(EPHEDRA) MELATONIN

RED CLOVER

ST. JOHN’S WORT VALERIAN CAYENNE YOHIMBE

ASPIRIN AND IBUPROFEN PRODUCTS TO BE DISCONTINUED 10-14 DAYS PRIOR TO SURGERY

4-Way Cold Tablets ASA Tablets

ASA Enseals

Adult Analgesic Pain Reliever

Alka-Seltzer Plus Cold Medicine Tablets Alka-Seltzer Effervesent Tablets

Alka-Seltzer Anacin Tablets and Capsules, Max. Strength Anacin with ASA

Analval Anodynos Anodynos Tablets Apac Improved APC

Argesic Tablets Arthritis Pain Formula Arthralgen Tablets

Arthritis Pain Formulas Tablets Arthritis Strength Bufferin Tablets Arthropan Liquid

ASA

Ascripton A/D Tablets Ascripton

Ascripton with Codeine Tablets Asperbuf Tablets

Aspercin Aspergum Aspermin

Aspirin with Codeine Aspirin Suppositories

Axotal Tablets Azdone Tablets B-A-C Tablets

Bayer Timed-Release Aspirin Tablets Bayer’s Children’s Cold Tablets Bayer Children’s Aspirin Tablets Bayer Aspirin Tablets

Bayer Aspirin

BC Tablet and Powder BC Tablets

BC Powder Buf-tabs

Buff-A Comp Tablets and Capsules Buffaprin Tablets

Buffaprin Buffasal

Bufferin, Arthritis Strength Tablets Bufferin, Extra Strength Tablets Bufferin

Bufferin with Codeine no. 3 Tablets Bufferin Tablets

Buffets II

Buffets II Tablets Buffex

Buffinol Tablets Buffinol Butalbital

Cama Arthritis Pain reliever Carisoprodal Compound Tablets Children’s Aspirin

Congesprin Chewable Tablets Cope Tablets

Cope

Coricidin Tablets

Coricidin Demilets Tablets for Children Coricidin Medilets Tablets for Children Coricidin ‘D’ Decongestant Tablets Cosprin 650 Tablets

Cosprin 325 Tablets CP-2 Tablets Damason-P

Darvol with ASA Polvules Darvon Compound Darvon Compound-65 Darvon with ASA

Darvon Compound Pulvules Darvon Compound-65 Darvon N with ASA

Dasin Capsules Dasin

Dinol Tablets Disalcid Capsules Doan’s Pills Dolcin

Dolprn#3 Tablets Double A Tablets Drinophen Dristan

Duoprin Capsules Duoprin S-Syrup Duradyne Durasal Tablets Dynosal Tablets Easprin

Ecotrin

Ecotrin Tablets Efficin Tablets Emagrin Emagrin Tablets Empirin

Empirin with Codeine Tablets Empirin with codeine Empirin Tablets

Emprazil Equagesic

Equagesic Tablets Equazine-M Excedrin

Excedrin Tablets & capsules Fedrazil

Fiogesic Tablets Fiogesic Fiorgen PF Fiorinal tablets

Fiorinal with Codeine Gaysal-S Tablets Gelpirin Tablets Gemnisin Tablets Gemnisyn

Genprin Gensan

Goody’s Headache Powder Goody’s Extra Strength Isollyl

Isollyl Improved Lanorinal Tablets Lanorinal Lorotab ASA Lortab ASA Magan Tablets Magnaprin Magsal Tablets Marnal

Marnal Capsules Maximum Bayer Aspirin Measurin

Measurin tablets Meprobamate and Aspirin Micrainin

Micranin Tablets Midol Original

Midol for Cramps Extra Strength Midol Caplets

Mobidin Tablets Mobigesic Tablets

Momentum Muscular Backache Formula Neocylate Tablets

Neogesic Norgesic Tablets

Norgesic Forte Tablets Norgesic Forte Norgesic

Norwich ES ASP

Orhenagesic Forte Orphenagesic

OS-CAL-GESIC Tablets Oxycodone and Aspirin P-A-C

Pabalate

Pabalate-SF Tablets Pabirin Buffered Tablets Pacaps

Pain Reliever Tablets Panalgesic Panodynes

Pepto-Bismol Percodan

Percodan-Demi Tablets Percodan Demi Persistin

Phenetron Compound Presalin

Propoxyphene Compound 65 Propoxyphene Napsylate Propoxyphene Compound

Quiet World Analgesic/Sleeping Aid Quiet World Tablets

Robaxisal Tablets Roxiprin Tablets S-A-C Tablets Salabuff

Salatin

Saleto Tablets Saleto

Salocol Tablets Salocol

Sine-Off Sinus Medicine Tablets

Sine-Off Sinus Medicine Tablets-Aspirin Formula SK-65 Compound Capsules

Soma Compound Tablets

Soma Compound Tablets with Codeine St. Joseph

St. Joseph Cold tablets for Children Stanback Tablets and Powder Supac tablets

Supac

Synalgos Capsules Synalgos-DC Capsules Talwin Compound Tablets Talwin Compound

Tenol-Plus

Tenstan Tablets Tri-Pain Triaminicin Tablets Trigesic

Trilisate Tablets and Liquid Uracel 5

Ursinus Inlay Tabs Valesin

Vanquish Caplets Vanquish

Verin

Viro-Med Tablets Wesprin Buffered Zorprin

Zorprin Tablets

NON-STEROIDAL ANTIFLAMMATORY MEDICATIONS TO BE STOPPED PRIOR TO SURGERY

Aches-N-Pain (Ibuprofen) Addaprin (Ibuprofen) Advil (Ibuprofen)

Aleve (Naproxen Sodium) Anaprox DS (Naproxen Sodium) Anaprox (Naproxen Sodium) Ansaid (Flurbiprofen) Betazolidan (Phenylbutazone) Cataflam (Diclofenac Potassium) Clinoril (Sulindac)

Coadvil (Ibuprofen) Daypro (Oxaprozin) Dolobid (Diflunisal) Dristan Sinus (Ibuprofen) Feldene (Piroxicam) Genpril (Ibuprofen) Haltran (Ibuprofen)

IBU (Ibuprofen)

IBU-Tab (Ibuprofen) Ibuprin (ibuprofen) Ibuprohm (Ibuprofen) Indocin (Indomethacin) Lodine (Etodolac) Medipren (Ibuprofen) Menadol (Ibuprofen) Midol 200 (Ibuprofen) Motrin IB (Ibuprofen) Motrin (Ibuprofen)

Nalfon (Fenoprofen Calcium)

Naprosyn (Naproxen) Nuprin (Ibuprofen) Orudis (Ketoprofen) Pamprin-IB (Ibuprofen) Pediaprofen (Ibuprofen) Relafen (Nabumetone) Rufen (Ibuprofen) Saleto-200 (Ibuprofen) Tolectin

Tolmetin Sodium

Toradol (Ketorolactormethamine) Trendar (Ibuprofen)

Trilisate (Choline Magnesium Trisalicylate) Ultraprin (Ibuprofen)

Valprin (Ibuprofen)

Voltaren (Diclofenac Sodium

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