



PRE-OP INSTRUCTIONS – GENERAL

*IF YOU NEED TO CONTACT THE OFFICE FOR ANY REASON PRIOR TO YOUR SURGERY,
YOU MAY REACH US AT (248) 322-3362. PLEASE DO NOT HESITATE TO CALL.*

10 DAYS PRIOR TO SURGERY:

- **STOP SMOKING:** Smoking reduces circulation to the skin and impedes healing (this is especially important if having a facelift).
- **DO NOT TAKE ANY ASPIRIN OR ASPIRIN CONTAINING MEDICATIONS for at least ten days before and ten days after surgery:** Carefully review the list of drugs to avoid provided for you. Such medications may cause bleeding during and after surgery. Instead, use medications containing acetaminophen (such as Tylenol). Check with your physician regarding administration of antidepressants, diuretics, other routine medications, or any herbal or homeopathic medications you may be taking.

DAY BEFORE SURGERY:

- **PRESCRIPTIONS:** Ensure that all of your prescriptions have been filled before the day of surgery.
- **DO NOT EAT OR DRINK ANYTHING AFTER MIDNIGHT THE DAY BEFORE YOUR SURGERY. EATING OR DRINKING ANYTHING AFTER THE SPECIFIED TIME MAY RESULT IN CANCELLATION OF YOUR SURGERY.** This includes water, coffee, tea, juice, etc.

DAY OF SURGERY:

- **MEDICATIONS:** If instructed to continue your daily medication regime, take your medication with only a sip of water. THE MINIMUM AMOUNT OF WATER NECESSARY IS ALL YOU SHOULD DRINK, It is not necessary to take your antibiotic or multivitamin the morning of surgery.
- **MAKE-UP:** Please do not wear moisturizers, creams, lotions, eye make-up or other type of make-up.
- **CLOTHING:** Wear only comfortable, loose-fitting clothing that either buttons or zips in the front. Remove hairpins, wigs, contacts and jewelry. Please do not bring any valuables with you.

CONTACTS: Please do not wear your contacts the day of surgery, wear your glasses to the Center. If you wear your contacts in please bring a container and the necessary solution for them.



YOUR RIGHTS AND RESPONSIBILITIES AS A PATIENT

YOUR WELL BEING AND HEALING ARE OUR PRIMARY CONCERN AND WE BELIEVE THAT A POSITIVE SURGICAL EXPERIENCE IS A RESPONSIBILITY THAT IS SHARED BY YOU AND OUR STAFF.

YOUR RIGHTS:

- You have the right to request and receive information on patient rights, responsibilities and ethics
- You have the right to request and receive considerate and respectful care that recognizes your cultural, psychosocial, spiritual and personal values, beliefs and preferences.
- You have the right to request an identified surrogate decision-maker, as allowed by law when you cannot make decisions about your own care, treatment and service.
- You, your family and/or surrogate decision maker have the right to request, and as appropriate and allowed by law, to be involved in care, treatment, and service decisions, including the assessment and treatment of your pain.
- You have the right to request an environment that preserves dignity and contributes to a positive self-image, including room accommodations as medically appropriate and available.
- You have the right to request and receive privacy and confidentiality.
- You have the right to request visitor services as appropriate within the surgical center setting.
- You have the right to request qualified medical interpretation services, free of charge, if you have special communication needs due to vision, speech, hearing, language or cognitive barriers or impairments.
- You have the right to request, in a timely manner, the name of the physician primarily responsible for your care, treatment and services and the physician performing your care, treatment and services.
- You have the right to consult with another physician or specialist, including a pain specialist.
- You have the right to request informed consent for care, treatment and services provided to you, including the right to refuse to participate in research programs and the recording or filming of your procedure for internal/external purposes.
- You have the right to withdraw consent for care, treatment and services provided including the consent to participate in a research project or filming or recording of your procedure.
- You and when appropriate your family have the right to request to be informed about the outcomes of care, treatment and services including unanticipated outcomes.
- You have the right to freely voice complaints and recommend changes without being subject to coercion, discrimination, reprisal or unreasonable interruption of care, treatment or services.
- You have the right to request an itemized and detailed explanation of Hospital/Surgery Center Charges for services rendered and to be provided with financial counseling free of charge, as appropriate.

IMPORTANT PHONE NUMBERS

Zuliani Facial Aesthetics
248-322-3362



YOUR RESPONSIBILITIES AS A PATIENT

- Provide to the best of your knowledge, accurate and complete information about your health history, current condition and current medication.
- Ask questions if you do not understand any aspect of your care, treatment or services provided for you.
- Cooperate with your doctor, nurse or other caregivers.
- Follow the written and verbal instructions given to you by your doctor and the nurses.
- Report changes in your condition or anything you think might be a risk to you
- Ask the doctor or nurse what to expect regarding the pain you might experience post operatively.
- Take responsibility for the outcome if you decline or refuse to follow the recommended guidelines and instructions you are given.
- Show respect and consideration for others.
- Fulfill the financial obligations of receiving care, including accepting financial responsibility for any consultations with other specialists.
- Request interpretation services when necessary.
- Accurately report any allergies to your physician and his staff
- Be sure you understand any prescriptions given to you-what the medication is for and how you should take it
- Ask questions about any new medications prescribed for you.
- Clarify and verify with your surgeon what surgery is to be done and what the expected outcomes will be.
- Research the surgery you are scheduling and ask questions to clarify any questions you may have
- Speak up if you have any questions or concerns-all your questions should be answered prior to your surgery

By signing below, I acknowledge that the above has been explained to me and I understand the contents of the aforementioned instruction pages.

Patient Signature _____

Date _____

Witness Signature _____

Date _____



INFORMED CONSENT FOR TRANSPORTATION AND POST OP CARE

I understand that I will need someone to drive me home the day of surgery if oral or IV anesthesia is administered. I also understand that if I arrive without a form of reliable transportation, my surgery will be rescheduled. In the event that my surgery is rescheduled, I will be responsible for a \$500 administrative rescheduling fee.

Reliable forms of transportation are as follows:

- Adult family member or friend
- Reputable medical car services

Please note Uber, Lyft and taxi services are **NOT** acceptable forms of transportation within 24 hours of oral or IV anesthesia.

I understand that a responsible adult will need to stay with me for 24 hours following my surgery.

I also understand that if a condition arises during my surgery and the operating surgeon feels that admission to the hospital is best for my recovery, I will be admitted as an inpatient following my surgery.

Patient Signature _____

Date _____

Witness Signature _____

Date _____



MEDICATION AVOIDANCE LIST

HERBAL SUPPLEMENTS AND ALL ASPIRIN AND IBUPROFEN MEDICATIONS ARE TO BE DISCONTINUED 10-14 DAYS PRIOR TO SURGERY

SUPPLEMENTS THAT MUST BE DISCONTINUED

VITAMIN E	GINKGO	MA HUANG(EPHEDRA)
BILBERRYDONG	BILOBA	MELATONIN
QUAI	GINSENG	RED CLOVER
ECHINACEA	HAWTHORNE	ST. JOHN'S WORT
FISH OIL CAPS	KAVA KAVA	VALERIAN
FEVERFEW	LICORICE ROOT	CAYENNE
GARLIC		YOHIMBE
GINGER		

ASPIRIN AND IBUPROFEN PRODUCTS TO BE DISCONTINUED 10-14 DAYS PRIOR TO SURGERY

4-Way Cold Tablets	Aspirtab
ASA Tablets	Axotal
ASA Enseals	Axotal Tablets
Adult Analgesic Pain Reliever	Azdone Tablets
Alka-Seltzer Plus Cold Medicine Tablets	B-A-C Tablets
Alka-Seltzer Effervescent Tablets	Bayer Timed-Release Aspirin Tablets
Alka-Seltzer Anacin Tablets and Capsules, Max. Strength	Bayer's Children's Cold Tablets
Anacin with ASA	Bayer Children's Aspirin Tablets
Analval	Bayer Aspirin Tablets
Anodynos	Bayer Aspirin
Anodynos Tablets	BC Tablet and Powder
Apac Improved	BC Tablets
APC	BC Powder
Argesic Tablets	Buf-tabs
Arthritis Pain Formula	Buff-A Comp Tablets and Capsules
Arthralgen Tablets	Buffaprin Tablets
Arthritis Pain Formulas Tablets	Buffaprin
Arthritis Strength Bufferin Tablets	Buffasal
Arthropan Liquid	Bufferin, Arthritis Strength Tablets
ASA	Bufferin, Extra Strength Tablets
Ascripton A/D Tablets	Bufferin
Ascripton	Bufferin with Codeine no. 3 Tablets
Ascripton with Codeine Tablets	Bufferin Tablets
Asperbuf Tablets	Buffets II
Aspercin	Buffets II Tablets
Aspergum	Buffex
Aspermin	Buffinol Tablets
Aspirin with Codeine	Buffinol
Aspirin Suppositories	Butalbital



Cama Arthritis Pain reliever
Carisoprodal Compound Tablets
Children's Aspirin
Congesprin Chewable Tablets
Cope Tablets
Cope
Coricidin Tablets
Coricidin Demilets Tablets for Children
Coricidin Medilets Tablets for Children
Coricidin 'D' Decongestant Tablets
Cosprin 650 Tablets
Cosprin 325 Tablets
CP-2 Tablets
Damason-P
Darvol with ASA Polvules
Darvon Compound
Darvon Compound-65
Darvon with ASA
Darvon Compound Pulvules
Darvon Compound-65
Darvon N with ASA
Dasin Capsules
Dasin
Dinol Tablets
Disalcid Capsules
Doan's Pills
Dolcin
Dolprn#3 Tablets
Double A Tablets
Drinophen
Dristan
Duoprin Capsules
Duoprin S-Syrup
Duradyne
Durasal Tablets
Dynosal Tablets
Easprin
Ecotrin
Ecotrin Tablets
Efficin Tablets
Emagrin
Emagrin Tablets
Empirin
Empirin with Codeine Tablets
Empirin with codeine
Empirin Tablets
Emprazil
Equagesic

Equagesic Tablets
Equazine-M
Excedrin
Excedrin Tablets & capsules
Fedrazil
Fiogesic Tablets
Fiogesic
Fiorgen PF
Fiorinal tablets
Fiorinal with Codeine
Gaysal-S Tablets
Gelpirin Tablets
Gemnisin Tablets
Gemnisyn
Genprin
Gensan
Goody's Headache Powder
Goody's Extra Strength
Isollyl
Isollyl Improved
Lanorinal Tablets
Lanorinal
Lorotab ASA
Lortab ASA
Magan Tablets
Magnaprin
Magsal Tablets
Marnal
Marnal Capsules
Maximum Bayer Aspirin
Measurin
Measurin tablets
Meprobamate and Aspirin
Micrainin
Micranin Tablets
Midol Original
Midol for Cramps Extra Strength
Midol Caplets
Mobidin Tablets
Mobigesic Tablets
Momentum Muscular Backache Formula
Neocylate Tablets
Neogesic
Norgesic Tablets
Norgesic Forte Tablets
Norgesic Forte
Norgesic
Norwich ES ASP



Orhenagesic Forte
Orphenagesic
OS-CAL-GESIC Tablets
Oxycodone and Aspirin
P-A-C
Pabalate
Pabalate-SF Tablets
Pabirin Buffered Tablets
Pacaps
Pain Reliever Tablets
Panalgesic
Panodynes
Pepto-Bismol
Percodan
Percodan-Demi Tablets
Percodan Demi
Persistin
Phenetron Compound
Presalin
Propoxyphene Compound 65
Propoxyphene Napsylate
Propoxyphene Compound
Quiet World Analgesic/Sleeping Aid
Quiet World Tablets
Robaxisal Tablets
Roxiprin Tablets
S-A-C Tablets
Salabuff
Salatin
Saleto Tablets
Saleto
Salocol Tablets
Salocol
Sine-Off Sinus Medicine Tablets
Sine-Off Sinus Medicine Tablets-Aspirin Formula
SK-65 Compound Capsules
Soma Compound Tablets
Soma Compound Tablets with Codeine
St. Joseph
St. Joseph Cold tablets for Children
Stanback Tablets and Powder
Supac tablets
Supac
Synalgos Capsules
Synalgos-DC Capsules
Talwin Compound Tablets
Talwin Compound
Tenol-Plus

Tenstan Tablets
Tri-Pain
Triaminicin Tablets
Trigesic
Trilisate Tablets and Liquid
Uracel 5
Ursinus Inlay Tabs
Valesin
Vanquish Caplets
Vanquish
Verin
Viro-Med Tablets
Wesprin Buffered
Zorprin
Zorprin Tablets

NON-STEROIDAL ANTIFLAMMATORY MEDICATIONS TO BE STOPPED PRIOR TO SURGERY

Aches-N-Pain (Ibuprofen)
Addaprin (Ibuprofen)
Advil (Ibuprofen)
Aleve (Naproxen Sodium)
Anaprox DS (Naproxen Sodium)
Anaprox (Naproxen Sodium)
Ansaid (Flurbiprofen)
Betazolidan (Phenylbutazone)
Cataflam (Diclofenac Potassium)
Clinoril (Sulindac)
Coadvil (Ibuprofen)
Daypro (Oxaprozin)
Dolobid (Diflunisal)
Dristan Sinus (Ibuprofen)
Feldene (Piroxicam)
Genpril (Ibuprofen)
Haltran (Ibuprofen)
IBU (Ibuprofen)
IBU-Tab (Ibuprofen)
Ibuprin (ibuprofen)
Ibuprohm (Ibuprofen)
Indocin (Indomethacin)
Lodine (Etodolac)
Medipren (Ibuprofen)
Menadol (Ibuprofen)
Midol 200 (Ibuprofen)
Motrin IB (Ibuprofen)
Motrin (Ibuprofen)
Nalfon (Fenoprofen Calcium)



Naprosyn (Naproxen)
Nuprin (Ibuprofen)
Orudis (Ketoprofen)
Pamprin-IB (Ibuprofen)
Pediaprofen (Ibuprofen)
Relafen (Nabumetone)
Rufen (Ibuprofen)
Saleto-200 (Ibuprofen)
Tolectin
Tolmetin Sodium
Toradol (Ketorolactormethamine)
Trendar (Ibuprofen)
Trilisate (Choline Magnesium Trisalicylate)
Ultraprin (Ibuprofen)
Valprin (Ibuprofen)
Voltaren (Diclofenac Sodium)