



POST-OP INSTRUCTIONS – Chin Implant

After Surgery:

Post-operatively a bandage is worn for about one week and then the stitches are removed.

Following your chin augmentation, it is imperative that you keep your head elevated on at least 2-3 pillows at all times for 48-72 hours. This is to reduce swelling in the area which will in turn reduce pain.

You should use ice or frozen peas to the area for 3 days following the surgery. Apply the cold compresses in 20 minute increments in an “on-off” fashion.

You will have pain medication to take as needed for the pain. The pain medication is to be taken on an as needed basis, not as a routine medication and not for a prolonged period of time. As soon as you feel able we would like for you to begin using Tylenol or Extra Strength Tylenol for your relief.

Swelling in your cheeks and bruising in your neck are quite common as is sensation of numbness in the chin or lower lip. This usually resolves in 1-2 weeks. If you are having excessive pain or pain with pressure please call the office at 248-322-3362.

The above instructions have been explained to me and I understand the contents.

Patient Signature:

Date: