

ZULIANI FACIAL AESTHETICS

PRE-OP INSTRUCTIONS – GENERAL

IF YOU NEED TO CONTACT THE SURGERY CENTER FOR ANY REASON PRIOR TO YOUR SURGERY, YOU MAY REACH US AT (248) 322-3362. PLEASE DO NOT HESITATE TO CALL.

10 DAYS PRIOR TO SURGERY:

- **STOP SMOKING:** Smoking reduces circulation to the skin and impedes healing (this is especially important if having a facelift).
- **DO NOT TAKE ANY ASPIRIN OR ASPIRIN CONTAINING MEDICATIONS for at least ten days before and ten days after surgery:** Carefully review the list of drugs to avoid provided for you. Such medications may cause bleeding during and after surgery. Instead, use medications containing acetaminophen (such as Tylenol). Check with your physician regarding administration of antidepressants, diuretics, other routine medications, or any herbal or homeopathic medications you may be taking.

DAY BEFORE SURGERY:

- **PRESCRIPTIONS:** Ensure that all of your prescriptions have been filled before the day of surgery.
- **DO NOT EAT OR DRINK ANYTHING AFTER MIDNIGHT THE DAY BEFORE YOUR SURGERY. EATING OR DRINKING ANYTHING AFTER THE SPECIFIED TIME MAY RESULT IN CANCELLATION OF YOUR SURGERY.** This includes water, coffee, tea, juice, etc.

DAY OF SURGERY:

- **MEDICATIONS:** If instructed to continue your daily medication regime, take your medication with only a sip of water. **THE MINIMUM AMOUNT OF WATER NECESSARY IS ALL YOU SHOULD DRINK,** It is not necessary to take your antibiotic or multivitamin the morning of surgery.
- **MAKE-UP:** Please do not wear moisturizers, creams, lotions, eye make-up or other type of make-up.
- **CLOTHING:** Wear only comfortable, loose-fitting clothing that either buttons or zips in the front. Remove hairpins, wigs, contacts and jewelry. Please do not bring any valuables with you.

CONTACTS: Please do not wear your contacts the day of surgery, wear your glasses to the Center. If you wear your contacts in please bring a container and the necessary solution for them.

YOUR RIGHTS AND RESPONSIBILITIES AS A PATIENT

YOUR WELL BEING AND HEALING ARE OUR PRIMARY CONCERN AND WE BELIEVE THAT A POSITIVE SURGICAL EXPERIENCE IS A RESPONSIBILITY THAT IS SHARED BY YOU AND OUR STAFF.

YOUR RIGHTS:

- You have the right to request and receive information on patient rights, responsibilities and ethics
- You have the right to request and receive considerate and respectful care that recognizes your cultural, psychosocial, spiritual and personal values, beliefs and preferences.
- You have the right to request an identified surrogate decision-maker, as allowed by law when you cannot make decisions about your own care, treatment and service.
- You, your family and/or surrogate decision maker have the right to request, and as appropriate and allowed by law, to be involved in care, treatment, and service decisions, including the assessment and treatment of your pain.
- You have the right to request an environment that preserves dignity and contributes to a positive self-image, including room accommodations as medically appropriate and available.
- You have the right to request and receive privacy and confidentiality.
- You have the right to request visitor services as appropriate within the surgical center setting.
- You have the right to request qualified medical interpretation services, free of charge, if you have special communication needs due to vision, speech, hearing, language or cognitive barriers or impairments.
- You have the right to request, in a timely manner, the name of the physician primarily responsible for your care, treatment and services and the physician performing your care, treatment and services.
- You have the right to consult with another physician or specialist, including a pain specialist.
- You have the right to request informed consent for care, treatment and services provided to you, including the right to refuse to participate in research programs and the recording or filming of your procedure for internal/external purposes.
- You have the right to withdraw consent for care, treatment and services provided including the consent to participate in a research project or filming or recording of your procedure.
- You and when appropriate your family have the right to request to be informed about the outcomes of care, treatment and services including unanticipated outcomes.
- You have the right to freely voice complaints and recommend changes without being subject to coercion, discrimination, reprisal or unreasonable interruption of care, treatment or services.
- You have the right to request an itemized and detailed explanation of Hospital/Surgery Center Charges for services rendered and to be provided with financial counseling free of charge, as appropriate.

IMPORTANT PHONE NUMBERS

Zuliani Facial Aesthetics
248-322-3362

YOUR RESPONSIBILITIES AS A PATIENT

- Provide to the best of your knowledge, accurate and complete information about your health history, current condition and current medication.
- Ask questions if you do not understand any aspect of your care, treatment or services provided for you.
- Cooperate with your doctor, nurse or other caregivers.
- Follow the written and verbal instructions given to you by your doctor and the nurses.
- Report changes in your condition or anything you think might be a risk to you
- Ask the doctor or nurse what to expect regarding the pain you might experience post operatively.
- Take responsibility for the outcome if you decline or refuse to follow the recommended guidelines and instructions you are given.
- Show respect and consideration for others.
- Fulfill the financial obligations of receiving care, including accepting financial responsibility for any consultations with other specialists.
- Request interpretation services when necessary.
- Accurately report any allergies to your physician and his staff
- Be sure you understand any prescriptions given to you-what the medication is for and how you should take it
- Ask questions about any new medications prescribed for you.
- Clarify and verify with your surgeon what surgery is to be done and what the expected outcomes will be.
- Research the surgery you are scheduling and ask questions to clarify any questions you may have
- Speak up if you have any questions or concerns-all your questions should be answered prior to your surgery

By signing below, I acknowledge that the above has been explained to me and I understand the contents of the aforementioned instruction pages.

Signature

Date

CONSENT FOR:
RIDE HOME AND POST OP CARE

I understand that I will need someone to drive me home the day of surgery.

I understand that a responsible adult will need to stay with me for 24 hours following my surgery.

After surgery I will be staying at: a) Home _____

b) Hotel (name) _____

c) Other (name) _____

Caretaker's name _____ Phone Number _____

I also understand that if a condition arises during my surgery and the operating surgeon feels that admission to the hospital is best for my recovery, I will be admitted as an inpatient following my surgery.

Patient Signature _____ Date _____

Witness Signature _____ Date _____

Medication Avoidance List

HERBAL SUPPLEMENTS AND ALL ASPIRIN AND IBUPROFEN MEDICATIONS ARE TO BE DISCONTINUED 10-14 DAYS PRIOR TO SURGERY

SUPPLEMENTS THAT MUST BE DISCONTINUED

VITAMIN E	BILBERRY	DONG QUAI	ECHINACEA
FISH OIL CAPS	FEVERFEW	GARLIC	GINGER
GINKGO BILOBA	GINSENG	HAWTHORNE	KAVA KAVA
LICORICE ROOT	MA HUANG(EPHEDRA)	MELATONIN	RED CLOVER
ST. JOHN'S WORT	VALERIAN	CAYENNE	YOHIMBE

ASPIRIN AND IBUPROFEN PRODUCTS TO BE DISCONTINUED 10-14 DAYS PRIOR TO SURGERY

4-Way Cold Tablets	Buf-tabs
ASA Tablets	Buff-A Comp Tablets and Capsules
ASA Enseals	Buffaprin Tablets
Adult Analgesic Pain Reliever	Buffaprin
Alka-Seltzer Plus Cold Medicine Tablets	Buffasal
Alka-Seltzer Effervescent Tablets	Bufferin, Arthritis Strength Tablets
Alka-Seltzer Anacin Tablets and Capsules, Max. Strength	Bufferin, Extra Strength Tablets
Anacin with ASA	Bufferin
Analval	Bufferin with Codeine no. 3 Tablets
Anodynos	Bufferin Tablets
Anodynos Tablets	Buffets II
Apac Improved	Buffets II Tablets
APC	Buffex
Argesic Tablets	Buffinol Tablets
Arthritis Pain Formula	Buffinol
Arthralgen Tablets	Butalbital
Arthritis Pain Formulas Tablets	Cama Arthritis Pain reliever
Arthritis Strength Bufferin Tablets	Carisoprodal Compound Tablets
Arthropan Liquid	Children's Aspirin
ASA	Congesprin Chewable Tablets
Ascripton A/D Tablets	Cope Tablets
Ascripton	Cope
Ascripton with Codeine Tablets	Coricidin Tablets
Asperbuf Tablets	Coricidin Demilets Tablets for Children
Aspercin	Coricidin Medilets Tablets for Children
Aspergum	Coricidin 'D' Decongestant Tablets
Aspermin	Cosprin 650 Tablets
Aspirin with Codeine	Cosprin 325 Tablets
Aspirin Suppositories	CP-2 Tablets
Aspirinab	Damason-P
Axotal	Darvol with ASA Pulvules
Axotal Tablets	Darvon Compound
Azdone Tablets	Darvon Compound-65
B-A-C Tablets	Darvon with ASA
Bayer Timed-Release Aspirin Tablets	Darvon Compound Pulvules
Bayer's Children's Cold Tablets	Darvon Compound-65
Bayer Children's Aspirin Tablets	Darvon N with ASA
Bayer Aspirin Tablets	Dasin Capsules
Bayer Aspirin	Dasin
BC Tablet and Powder	Dinol Tablets
BC Tablets	Disalcid Capsules
BC Powder	Doan's Pills
	Dolcin

Dolprn#3 Tablets
Double A Tablets
Drinophen
Dristan
Duoprin Capsules
Duoprin S-Syrup
Duradyne
Durasal Tablets
Dynosal Tablets
Easprin
Ecotrin
Ecotrin Tablets
Efficin Tablets
Emagrin
Emagrin Tablets
Empirin
Empirin with Codeine Tablets
Empirin with codeine
Empirin Tablets
Emprazil
Equagesic
Equagesic Tablets
Equazine-M
Excedrin
Excedrin Tablets & capsules
Fedrazil
Fiogesic Tablets
Fiogesic
Fiorgen PF
Fiorinal tablets
Fiorinal with Codeine
Gaysal-S Tablets
Gelpirin Tablets
Gemnisin Tablets
Gemnisyn
Genprin
Gensan
Goody's Headache Powder
Goody's Extra Strength
Isollyl
Isollyl Improved
Lanorinal Tablets
Lanorinal
Lorotab ASA
Lortab ASA
Magan Tablets
Magnaprin
Magsal Tablets
Marnal
Marnal Capsules
Maximum Bayer Aspirin
Measurin
Measurin tablets
Meprobamate and Aspirin
Micrainin
Micranin Tablets
Midol Original
Midol for Cramps Extra Strength
Midol Caplets
Mobidin Tablets
Mobigesic Tablets
Momentum Muscular Backache Formula
Neocylate Tablets
Neogesic
Norgesic Tablets
Norgesic Forte Tablets
Norgesic Forte
Norgesic
Norwich ES ASP
Orhenagesic Forte
Orphenagesic
OS-CAL-GESIC Tablets
Oxycodone and Aspirin
P-A-C
Pabalate
Pabalate-SF Tablets
Pabirin Buffered Tablets
Pacaps
Pain Reliever Tablets
Panalgesic
Panodynes
Pepto-Bismol
Percodan
Percodan-Demi Tablets
Percodan Demi
Persistin
Phenetron Compound
Presalin
Propoxyphene Compound 65
Propoxyphene Napsylate
Propoxyphene Compound
Quiet World Analgesic/Sleeping Aid
Quiet World Tablets
Robaxisal Tablets
Roxiprin Tablets
S-A-C Tablets
Salabuff
Salatin
Saleto Tablets
Saleto
Salocol Tablets
Salocol
Sine-Off Sinus Medicine Tablets
Sine-Off Sinus Medicine Tablets-Aspirin Formula
SK-65 Compound Capsules
Soma Compound Tablets
Soma Compound Tablets with Codeine
St. Joseph
St. Joseph Cold tablets for Children
Stanback Tablets and Powder
Supac tablets
Supac
Synalgos Capsules
Synalgos-DC Capsules
Talwin Compound Tablets
Talwin Compound
Tenol-Plus
Tenstan Tablets
Tri-Pain
Triaminicin Tablets

Trigesic
Trilisate Tablets and Liquid
Uracel 5
Ursinus Inlay Tabs
Valesin
Vanquish Caplets
Vanquish
Verin
Viro-Med Tablets
Wesprin Buffered
Zorprin
Zorprin Tablets

Valprin (Ibuprofen)
Voltaren (Diclofenac Sodium)

**NON STEROIDAL ANTIFLAMMATORY
MEDICATIONS TO BE STOPPED PRIOR TO
SURGERY**

Aches-N-Pain (Ibuprofen)
Addaprin (Ibuprofen)
Advil (Ibuprofen)
Aleve (Naproxen Sodium)
Anaprox DS (Naproxen Sodium)
Anaprox (Naproxen Sodium)
Ansaid (Flurbiprofen)
Betazolidan (Phenylbutazone)
Cataflam (Diclofenac Potassium)
Clinoril (Sulindac)
Coadvil (Ibuprofen)
Daypro (Oxaprozin)
Dolobid (Diflunisal)
Dristan Sinus (Ibuprofen)
Feldene (Piroxicam)
Genpril (Ibuprofen)
Haltran (Ibuprofen)
IBU (Ibuprofen)
IBU-Tab (Ibuprofen)
Ibuprin (ibuprofen)
Ibuprohm (Ibuprofen)
Indocin (Indomethacin)
Lodine (Etodolac)
Medipren (Ibuprofen)
Menadol (Ibuprofen)
Midol 200 (Ibuprofen)
Motrin IB (Ibuprofen)
Motrin (Ibuprofen)
Nalfon (Fenoprofen Calcium)
Naprosyn (Naproxen)
Nuprin (Ibuprofen)
Orudis (Ketoprofen)
Pamprin-IB (Ibuprofen)
Pediaprofen (Ibuprofen)
Relafen (Nabumetone)
Rufen (Ibuprofen)
Saleto-200 (Ibuprofen)
Tolectin
Tolmetin Sodium
Toradol (Ketorolactormethamine)
Trendar (Ibuprofen)
Trilisate (Choline Magnesium Trisalicylate)
Ultraprin (Ibuprofen)

